



WORLD CONGRESS  
**Mental Health 2022**  
LONDON

“Mental health:  
a global priority”

June 28<sup>th</sup> - July 1<sup>st</sup>, 2022

Central Hall Westminster  
Storey's Gate - London - SW1H 9NH

EACCME applied for



PLENARY SESSION ONE	
Event Code: LEE22-00523 World Mental Health Congress London Mental Health a Global Priority, London, UK 28/06/2022-01/07/2022	
<b>Your details</b> (as you want them listed in the programme)	Afzal Javed
<b>Date and time of your plenary session</b>	Tuesday 28 June 2022 08:30-10:10 Overall Session Theme: Empowerment and transformation
<b>Duration</b>	20 mins
<b>Proposed title</b> (please complete)	A whole system approach to working together
<b>Learning Objectives</b> (please complete)	<ul style="list-style-type: none"><li>• Discussions on opportunities for joint &amp; collaborative work</li><li>• Directions to highlight the impact of mental illnesses on well-being</li><li>• Exploring support from various stake holders working in the field of mental health</li></ul>
<b>Abstract</b> (max 500 words)	<p>Mental disorders are highly prevalent and cause considerable suffering and disease burden all over the world. The public health impact of mental disorders is profound as the estimated disability-adjusted life-years attributable to mental disorders have been shown to be very high. Despite the growing evidence about the impact of mental illnesses, mental health services continue showing big gaps and lack a whole system approach to working together.</p> <p>There are also concerns among the professionals that profession is in crisis and that it faces a number of external and internal challenges. Limitations of mental healthcare within services &amp; marginalisation of psychiatrists in service development and organisation are posing further questions whether mental health professionals are endangered species.</p> <p>This presentation presents an overview about such challenges and their impact on current collaborative work. While there is no health without mental health, we need innovation, networking and basic understanding &amp; orientations about future collaboration among various discipline sin mental health. This would support efforts aiming at promoting mental health as a preferred discipline among the medical &amp; social care profession as well as wider respect and acknowledgement among the general public.</p>
<b>Key references or resources</b> (maximum five)	<ol style="list-style-type: none"><li>1. Bhugra D, Tasman, A; Pathar,S; et al. <i>The WPA-Lancet Psychiatry Commission on the Future of Psychiatry Lancet Psychiatry 2017; 4: 775–818</i></li><li>2. Afzal Javed (2021) <i>Implementation of the WPA Action Plan 2020-2023</i></li></ol>



*World Psychiatry. Volume 20, Issue 3. 451-2*

<https://doi.org/10.1002/wps.20895>

3. *Campion J, Javed A, Lund C, Sartorius N, Saxena S, Marmot M, Allan J, Udomratn P. (2022) Public mental health: required actions to address implementations failure in the context of COVID-19 Lancet Psychiatry 2022; 9: 169–82*
4. *Afzal Javed, Cheng Lee, Hazli Zakaria, Robert D. Buenaventura, Marcelo Cetkovich-Bakmas, Kalil Duailibi, Bernardo Ng, Hisham Ramy, Gautam Saha, Shams Arifeen, Paola M. Elorza, Priyan Ratnasingham, Muhammad Waqar Azeem (2021). Reducing the stigma of mental health disorders with a focus on low- and middle-income countries.*

*Asian Journal of Psychiatry*

<https://doi.org/10.1016/j.ajp.2021.102601>